

# The March for 10,000 Teens

## Esteem, Confidence and Communication

“Our children need our presence  
more than our presents.”  
.....Jesse Jackson

### Did You Know?

Suicide is the #1 cause of death among our youth population?

### Did You Know?

One in 5 teens contemplates suicide as a solution to their inner thoughts and problems.



How can I help to get our teens in a safe place having lots of esteem and confidence so they know they have value ,and will not want to hurt themselves?

1. Host a complimentary info session in your home/school/library or organization with other parents and teens to hear about our esteem building process that has been tried tested and true.
2. Be willing to hand out literature about our solution
3. Refer others to our on line March for 10000 Teens Presentation every Thursday night at 8:30 pm MT

**YES! I want to help**

For more details please call:  
403 356 2928

780 388 0283

Contact us using our  
website contact page

I would like to support:

- Option 1  
 Option 2  
 Option 3

PEP™ for Teens Program has been running for 13 years. The teens meet once every 7 days on line for an hour supported by a facilitator, trained to deliver the sessions. The total absence of esteem, not feeling valuable is the culprit that keeps many of us from achieving.

[www.thepepline.com](http://www.thepepline.com)